

# TEENS NEEDED FOR DENTAL HEALTH STUDY!

Approved  
SDSU IRB  
23-Mar-2022

## Eligibility criteria:

- Self identify as Mexican-American
- Between the ages of 14-19
- English-speaking
- Living in North San Diego County
- Able to access stable internet
- Participates in one or more programs or services at VCC



## Improve your brushing and flossing!

- Our study has two groups who will complete two 1 hour assessments
- At each assessment, everyone will complete a survey, provide a saliva sample, do a toothpick test, and take a plaque photo
- One group will participate in 3 half-hour motivational sessions and 3 phone calls over one month

Receive a **\$15 gift card** after assessment 1, a **\$20 gift card** after assessment 2, and a **goodie bag**.

For more information, contact us at  
[SDSUProjectM@gmail.com](mailto:SDSUProjectM@gmail.com) or call (619) 348-5152



Principle Investigators:  
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