

Elva M. Arredondo, PhD.

CURRICULUM VITAE

ELVA M. ARREDONDO, Ph.D.

PRESENT POSITIONS

Associate Professor, 2008-present
Co-Director of Joint Doctoral Program in Health Behavior (UCSD/SDSU);
2012-present
Division of Health Promotion and Behavioral Sciences
Graduate School of Public Health
San Diego State University

Senior Core Investigator, 2006-present
Institute for Behavioral Health and Community Health (IBACH)
San Diego State University

PERSONAL:

Business Address: 9245 Sky Park Court, Suite #221
San Diego, CA 92123-4311
(619) 594-3481
earredondo@projects.sdsu.edu

Place of Birth: Mexico City, Mexico

Foreign Language: Fluent in Spanish

EDUCATION

San Diego State University
Postdoctoral Researcher, 2003-2005
Graduate School of Public Health
Institute for Behavioral and Community Health Studies

Duke University
Ph.D. in Clinical Psychology, 2003
Dissertation: Evaluating a stage model in the prediction of Latinas' cervical cancer screening practices: The role of psychosocial and cultural predictors

University of California, San Diego
Clinical Residency, Behavioral Medicine Track, 2002-2003
University of California, San Diego Medical Center (Hillcrest and Thornton)
San Diego Veterans Affairs Medical Center

Duke University
M.A. in Psychology, 2000
Thesis: Latinas and cervical cancer screening: An analysis of the cultural and interpersonal roots of bias

University of Washington, Seattle
B.S. in Psychology (*With Honors*), 1997

Elva M. Arredondo, PhD.

Honor's Thesis: Substance use among African American adolescent females: Risk and protective factors

HONORS AND AWARDS

College of Health and Human Services Student Council Award-Outstanding Graduate Professor-2013
San Ysidro Health Center Latino Health Leadership Summit Award, 2008
Redes en Acción, the National Hispanic/Latino Cancer Network, 2007-2008 and 2003-2004
Loan Repayment Program (NIH), 2006-2010 and 2003-2005
CURE Rising star--Award of Achievement. National Cancer Institute. 2006
Barbara Rosenblum Scholarship for the Study of Women and Cancer , 2002
Award of Excellence, American Association for the Advancement of Science , 1996
Minority International Research Training Fellow-Ecuador, (Summer 1995)
Minority Undergraduate Student of Excellence, American Psychological Association, 1995
Vice-President Award, Office of Minority Affairs, University of Washington, 1995
Presidential Senior Scholarship Award (tuition and stipend), University of Washington, 1993

Other Awards and Competitive Selections

National Cancer Institute, Advanced Training Institute in Health Behavior Theory, 2005
National Institute of Health, Summer Institute on Randomized Clinical Trials, 2005
Women's Studies Graduate Scholar, Duke University, 2001
Applied Psychometrics for Health Outcomes Research Award, 2000
Duke Endowment Fellowship Award (tuition and stipend), Duke University, 1997-99
Dean's List, 1992-95
Intensive Introduction to Rome Travel Award, University of Washington, 1995

COMMUNITY AND SCIENTIFIC SERVICE

American Cancer Society, Evaluation and Outcomes Committee member, 2007-present.
Graduate School of Public Health, Curriculum and Joint Public Health/Latin American Studies Representative 2008-2010.
Graduate School of Public Health, admissions committee, 2009-present
Salud America, Latino Cancer Network committee member, 2007-present
National Institute of Health, Community-Level Health Promotion (CLHP) review group-Ad hoc member, 2006-present; Psychosocial Risk and Disease Prevention (PRDP) review group-Ad hoc, 2013-present.
American Cancer Society review group, Ad hoc member- 2013-present
American Cancer Society, Ambassador, 2005-2009
Society of Behavioral Medicine, abstract reviewer, 2004-present
Ad Hoc Reviewer, 2002-present
Journal of the National Medical Association
American Journal of Preventive Medicine
Health Education and Research
Annals of Behavioral Medicine
Salud Publica de Mexico
Physical Activity and Mental Health
Journal of School Health
Mental Health and Physical Activity
Pediatric Obesity
Medicine and Science in Sports Exercise
Physical activity measurement workshop planning committee member, 2009-2010

Elva M. Arredondo, PhD.

Active Living Research, proposal reviewer, 2008, 2009
Society of Behavioral Medicine, Local Arrangements Committee, 2008
Rebecca and John Moores Cancer Center, proposal reviewer, 2008
Research Symposium Committee member, San Diego State University, 2008
Society of Behavioral Medicine, Diversity Program Track Chair, 2007-2008
NIH-ARRA reviewer, 2009
Inamori Fellowship Reviewer, 2009
Resident Leadership Academy External Review Committee member, 2010
San Diego State University Global Health Faculty Search Committee, 2012
Family Life, Activity, Sun, Health, and Eating (FLASHE) study reviewer, NCI, 2013
University of Washington, Seattle; Environmental Health small grants reviewer, 2013

GRANTS & CONTRACTS:

Summary: Principal Investigator on 4 grants and contracts, Co-Principal/Co-Investigator on 7 grants and contracts (19.2m).

Current – Funded as Principal Investigator

- 2009 – 2015 **Promoting physical activity among churchgoing Latinas** (NCI/NIH; \$3,036,197; 1R01CA138894-01).
- 2012 – 2013 **Promoting healthy eating and physical activity among pregnant Latinas** (Howell Foundation; \$25, 000)
- 2013 - 2015 **Examining the impact of the environment on Latinas' physical activity** (Diversity Supplement to L. Perez; NCI/NIH; \$107, 542; 3R01CA138894-04S1).
- 2013 – 2015 **Travel patterns among Latinas.** (Diversity Supplement to N. Serrano; NCI/NIH; \$72, 972; 3R01CA138894-04S2).

Current – Other Funded Research

- 2011 – 2016 (Co-Investigator) **Mentoring Diverse Students in Health Disparities Research** (NIH/NIMHD: \$1,392,611: 1 R25 MD006853: John Elder, Principal Investigator).
- 2011 – 2015 (Co-Investigator) **Imperial County Childhood Obesity Prevention** (CDC:1,750,000:1 U18DP003377-01 :Guadalupe Ayala, Principal Investigator)
- 2011 – 2013 (Co-Investigator) **Validation of Objective Measures Of Place-based Physical Activity** (NCI; 327,837; 1R01CA167693-01; Kevin Patrick, Principal Investigator).
- 2010 – 2015 (Co-Investigator) **Hispanic Community Children's Health: Ancillary Study of Latino Youth.** (NIH/NHLBI; \$355,583; 1 R01HL102130-01A1 Guadalupe X. Ayala, Principal Investigator).
- 2010 – 2015 (Co-Investigator) **mDiet: A Text Message Intervention for Weight Loss** (NIH/NHLBI; \$30,807; 1R01CA138730-01A1; Kevin Patrick, Principal Investigator).

Elva M. Arredondo, PhD.

2010 – 2014 (Co-Investigator) **Investing in America's Future: Mentoring Latinos in Health Disparities Research.** (NIH/NHLBI; \$277,756; 1 R25 HL105403-01; John P. Elder, Principal Investigator).

2004 – 2014 (Co-Investigator) **San Diego Prevention Research Center: Promotion of Physical Activity in the Latino Community** (CDC; \$3,400,000; 3 PA 04003; John P. Elder, Principal Investigator).

Pending

2013-2015 (Principal Investigator) **A mother-daughter physical activity intervention for young church going Latinas** (NIH; \$250,000; Elva M. Arredondo, PI).

Principal Investigator (Completed)

2012 – 2013 **Evaluating the Impact of a Community-Based Physical Activity Intervention on Body Composition and Adiposity Related Inflammation Among Latinas.** (U54 CA; \$50,080;132379).

2010 – 2011 **Minority Supplement for Promoting Physical Activity in Church Going Latinas** (NIH/NCI; \$36,182; 3R01CA138894-0181-S1; N. Espinoza, doctoral student).

2009 – 2010 **Promoting Physical Activity among Preadolescent Teens** (University Grants Program, \$8,652).

2008 – 2010 **Training Faith and Community Leaders to Assess the Built Environment and Advocate for Activity Friendly Improvements** (RWJF; \$221,000; 65337).

2007 – 2009 **Minority Supplement for Promoting Physical Activity in Church Going Latinas** (NIH/NCI, \$43,162, 3 R21CA122471; Suzanna Martinez; doctoral student).

2006 – 2009 **Promoting Physical Activity in Church Going Latinas** (NIH/NCI; \$312,455; R21CA122471).

2002 – 2003 **Evaluating a Stage Model in the Prediction of Latinas' Cervical Cancer Screening Practices** (NIH/ Agency for Health Care Quality and Research Dissertation Grant). Declined award.

Co-Principal Investigator (Completed)

2008 – 2013 (Co-Investigator) **Planned Care for Obesity and Risk Reduction** (NHLBI/NIH; \$768,874; 5R01HL089444-03; Kevin Patrick, Principal Investigator).

2006 – 2010 (Co-Investigator) **Latino Mothers as Primary Agents of Change in a Healthy Lifestyle Parenting Intervention** (ACS; \$438,861; 1RSGPB; Guadalupe X. Ayala, Principal Investigator).

2005 – 2009 **Ecological and Psychosocial Correlates of Parenting in Preventing Obesity.** (ACS; \$124,000; PFT-04-156-01; John P. Elder, mentor).

Elva M. Arredondo, PhD.

- 2005 – 2006 **Understanding Colon Cancer Risk Perceptions in Latino Communities.** UCSD/SDSU Comprehensive Cancer Center grant (UCSD/SDSU partnership; \$13,000).
- 2002 – 2007 **Obesity Prevention in Latino Home and Community Environments** (NIH/NHLBI Minority Supplement; \$143,965; John Elder, mentor).
- 2002 – 2003 **Evaluating a Stage Model in the Prediction of Latinas' Cervical Cancer Screening Practices** (National Science Foundation; \$11,191; Philip Costanzo, mentor).
- 2001 – 2003 **Latinas' risk for cervical cancer screening** (NIH/NCI NRSF; \$45,190; Philip Costanzo, mentor).

Co-Investigator (completed)

- 2009 – 2013 (Co-Investigator) **A Translation Study of the Academia da Cidade Program (ACP)** (CDC; \$902,683; 1R18DP002138-01; Simon Marshal, Principal Investigator).
- 2009 – 2013 (Co-Principal Investigator) **Chronic Disease Prevention in Mexico and the US Latino Population** (CDC; \$349,997; SIP 09-025; John P. Elder, Principal Investigator).
- 2006 – 2013 (Co-Investigator) **San Diego Hispanic Community Health Study** (NIH/NHLBI; \$9,700,000; RFP HC-06-02; Gregory Talavera, Principal Investigator).

PUBLICATIONS

Refereed papers

63. Marquez, B., Elder, J.P., **Arredondo, E.M.**, Ji, M., & Ayala, G.X. (in press). Social network characteristics associated with health behaviors among Latinos. *Health Psychology*.
62. Kolodziejczyk, J.K., Norman, G.J., Rock, C.L., **Arredondo, E.M.**, Roesch, S.C., Madanat, H., & Patrick, K. (in press). Reliability and concurrent, predictive, and construct validity of the Strategies for Weight Management (SWM) measure for adults. *Journal of the Academy of Nutrition and Dietetics*.
61. Kolodziejczyk, J., Norman, G.J., Roesch, S.C., Rock, C.L., **Arredondo, E.M.**, Madanat, H., & nPatrick, K. Exploratory and confirmatory factor analyses and demographic correlate models of the 2 Strategies for Weight Management (SWM) measure for overweight or obese adults 3 4 Running head: Strategies for Weight Management. *American Journal of Health Promotion*.
60. Kolodziejczyk, J., Norman, G.J., Barrera-Ng, A., Dillon, L., Marshall, S., **Arredondo, E.M.**, Rock, C., Raab, F., Griswold, W., Sullivan, M., Norman, G.J. & Patrick, K. (in press). The feasibility and initial efficacy of a text message-based weight loss pilot study for English and Spanish speakers. *Journal of Medical Internet Research*.
59. Ayala, G.X., Carnethon, M., **Arredondo, E.M.**, Delamater, A., Perreira, K., Van Horn, L., Himes, J.H., Eckfeldt, J.H., Bangdiwala, S.I., Santisteban, D.A., & Isasi, C.R. (in press). Theoretical foundations of the Study of Latino (SOL) Youth: Implications for

obesity and cardiometabolic risk. *Annals of Epidemiology*.

58. **Arredondo, E.M.**, Morello, M.I., Holub, C.K. & Haughton, J. (2014). Feasibility and preliminary findings of a church-based mother-daughter pilot study promoting physical activity among young Latinas. *Family and Community Health*. 37, (1) 6–18
57. Isasi, C.R., Carnethon, M.R., Ayala, G.X., **Arredondo, E.M.**, Bangdiwala, S.I., Daviglius ML, Delamater, A., Eckfeldt J., Perreira, K., Himes, J., Kaplan, R. I & Van Horn, L. (in press). The Hispanic Community Children's Health Study/Study of Latino Youth (SOL Youth): Design, objectives and procedures. *Annals of Epidemiology*.
56. Carlson, J.A., Sallis, J.F., Norman, G.J., McKenzie, T.L., Kerr, J., **Arredondo, E.M.**, Madanat, H., Mignano, A.M., Cain, K.L., Elder, J.P., & Saelens, B.E. (2013). Elementary school practices and children's objectively measured physical activity during school. *Preventive Medicine*. 57 (5), 591-5
55. Carlson, J.A., Mignano, A.M., Norman, G.J., McKenzie, T.L., Kerr, J., **Arredondo, E.M.**, Madanat, H., Cain, K.L., Elder, J.P., Saelens, B.E., & Sallis, J.F. (in press). Socioeconomic disparities in elementary school practices and children's physical activity during school. *American Journal of Health Promotion*.
54. Ayala, G.X., Ibarra, L., Horton, L., **Arredondo, E.M.**, Slymen, D.J, Engelberg, M., Rock, C.L., Hernandez, E., Parada, H., & Elder, J.P. (in press). Evidence supporting a promotora-delivered entertainment education intervention for improving mothers' dietary intake: the Entre Familia: Reflejos de Salud study. *Journal of Health Communication*.
53. Elder, J.P., Ayala, G.X., McKenzie, T.L., Litrownik, A.J., Gallo, L., **Arredondo, E.M.**, Talavera, G.A., & Kaplan, R.M.. (in press). A Three Decade Evolution to Transdisciplinary Research: Community Health Research in California-Mexico Border Communities. *Progress in Community Health Partnerships: Research, Education, and Action*.
52. Elder, JP. & **Arredondo, E.M.** (2013). Strategies to reduce obesity in the U.S. and Latin America: Lessons that cross international borders. *American Journal of Preventive Medicine*, 44 (5), 526-8. doi:10.1016/j.amepre.2013.02.005.
51. Holub CK, Elder JP, **Arredondo EM**, Barquera S, Eisenberg CM, Romero LMS, Rivera J, Lobelo F, & Simoes EJ (2013). Obesity control in Latin American and U.S. Latinos: A systematic review. *American Journal of Preventive Medicine*, 44(5):529–37. doi:10.1016/j.amepre.2013.01.023.
50. Marshall SJ, Simoes EJ, Eisenberg CM, Holub CK, **Arredondo EM**, Barquera S, & Elder JP (2013). Weight-related child behavioral interventions in Brazil: A systematic review. *American Journal of Preventive Medicine*, 44(5):543–9. doi:10.1016/j.amepre.2013.01.017.

49. Perez LG, **Arredondo EM**, Elder JP, Barquera S, Nagle B, & Holub CK (2013). Evidence-based obesity treatment interventions for Latino adults in the U.S.: A systematic review. *American Journal of Preventive Medicine*, 44(5):550–60. doi:10.1016/j.amepre.2013.01.016.
48. Eisenberg, C.M., Sanchez-Romero, L.M., Rivera-Dommarco, J.A., Holub, C.K., **Arredondo, E.M.**, Elder, J.P., & Barquera, S. (in press). Interventions to increase physical activity and healthy eating among overweight and obese children in Mexico. *Salud Pública de México*.
47. Nagle BJ, Holub CK, Barquera S, Sanchez LM, Eisenberg CM, Rivera J, Mehta S, Lobelo F, **Arredondo EM**, & Elder JP. (in press). Healthcare provider-based interventions to increase physical activity and increase healthy eating among children in Latin America. *Salud Pública de México*.
46. Sanchez-Romero, L.M., Eisenberg CM, Barquera, S., Holub, CK., Rivera-Dommarco, J, **Arredondo EM**, Elder JP (in press). Interventions to prevent obesity among children in Mexico. *Salud Pública de México*.
45. **Arredondo, E.M.**, Lemus, H., Elder, J.P., Molina, M., Martinez, S., Sumek, C., & Ayala, G.X. (2013). The relationship between sedentary behavior and depression among Latinos, *Mental Health and Physical Activity*, 6, 3-9.
44. Elder JP, Ayala GX, **Arredondo EM**, Talavera GA, McKenzie TL, Hoffman L, Cuestas L, Molina M, & Patrick K (2013). Community health partnerships for chronic disease prevention among Latinos: The San Diego Prevention Research Center. *Journal of Primary Prevention*, 34(1-2):17–29. doi:10.1007/s10935-013-0292-5.
43. Horton LA, Parada, H, Slymen DJ, **Arredondo E.M**, Ibarra L, & Ayala GX. (in press). Improving children’s diets in a family intervention: *Entre Familia: Reflejos de Salud*. *Salud Publica de Mexico*.
42. Lobelo, F., Quevedo, I., Holub, C.K., Nagle, B.J., Barquera, S., **Arredondo, E.M.**, & Elder, J.P. (2013). School-based programs aimed at the prevention and treatment of obesity: Evidence-based interventions for youth in Latin America. *Journal of School Health*, 83(9), 668-677.
41. Holub, C.K., Lobelo, F., Mehta, S., Sanchez LM, **Arredondo E.M.**, & Elder, J.P. (in press). School-wide programs aimed at obesity: Evidenced-based interventions for Latino youth in the U.S. *Journal of School Health*.
40. Martinez, S., **Arredondo, E.M.**, & Roesch, S. (in press). Physical activity promotion among churchgoing Latinas in San Diego, California: Does neighborhood cohesion matter? *Journal of Health Psychology*. 18 (10), pp. 1319-29

39. **Arredondo, E.**, Mueller, K., Mejia, E., Rovira-Oswalder, T., Richardson, D., & Hoos, T (2013). Advocating for environmental changes to increase access to park: Engaging Promotoras and youth leaders. *Health Promotion Practice*, 14 (5),759-766.
38. **Arredondo, E.M.**, Mendelson, T., Elder, J.P., Marshall, S., La Flair, L., & Ayala, G.X. (2012). The relation of medical conditions to depressive symptoms among Latinos: Leisure time physical activity as a mediator. *Journal of Health Psychology*, 17(5), 742-52.
37. **Arredondo, E.M.**, Mendelson, T. Holub, C., Espinoza, N. & Marshall, S. (2012). Cultural adaptation of physical activity self-report instruments. *Journal of Physical Activity and Health*, 9, Suppl 1: 37-43.
36. Crespo, N.C., Elder, J.P., Ayala, G.X., Slymen, D.J., Campbell, N.R., Sallis, J.F., McKenzie, T.L., Baquero, B., & **Arredondo, E.** (2012). Results of a multi-level intervention to prevent and control childhood obesity among Latino children: the Aventuras para Niños study. *Annals of Behavioral Medicine*, 43(1), 84-100.
35. Hoos, T., Marshall, S., Espinoza, N., & **Arredondo, E.M.** (2012). Validity of the Global Physical Activity Questionnaire (GPAQ) in adult Latinas. *Journal of Physical Activity and Health*, 9(5), 698-705.
33. Martinez, S.M., Ayala, G.X. Patrick, K., **Arredondo, E.M.**, Roesch, S., Elder, J.P. (2012). Associated pathways between neighborhood environment, community resource factors and leisure-time physical activity among Mexican-American adults in San Diego, CA. *American Journal of Health Promotion*, 26(5), 281-8
33. Ayala GX and the San Diego Prevention Research Center Team (2011). Effects of a promotor-based intervention to promote physical activity: Familias Sanas y Activas. *American Journal of Public Health*, 101(12):2261-2268.
32. Ayala, G.X., Lored, J.S., **Arredondo, E.**, Patrick, K, & Elder, J.P. (2011). Examining the importance of sleep in a U.S.-Mexico border community. *Revista Latinoamericana de Medicina Conductual (Latin American Journal of Behavioral Medicine)*, 2(1):33-41.
31. Elder, J.P., McKenzie, T.L., **Arredondo, E.M.**, Crespo, N.C., & Ayala, G.X. (2011). Effects of a multi pronged intervention on children's activity levels at recess: The Aventuras para Niños study. *Advances in Nutrition*, 2, 171S-176S.
30. Martinez, S., **Arredondo, E.M.**, Roesch, S., Patrick, K., Ayala, G.X., & Elder, J.P. (2011). Walking for transportation among adults in San Diego County: Who meets physical activity guidelines? *Journal of Physical Activity and Health*, 8(7), 898-906.
29. Andaya, A., **Arredondo, E.M.**, Alcaraz, J., Lindsay, S., & Elder, J.P. (2011). The Association between Family Meals, TV Viewing during Meals, and Fruit, Vegetables, Soda, and Chips Intake among Latino Children. *Journal of Nutrition Education and Behavior*. *Journal of Nutrition Education and Behavior*, 43(5), 308-315.

28. Cherrington, A., Ayala, G.X., Elder, E., **Arredondo, E.M.**, Fouad, M., & Scarinci, I. (2010). Recognizing the diverse roles of Community Health Workers in the elimination of health disparities: from paid staff to volunteers. *Ethnicity and Disease*, 20(2), 189-194.
27. Ayala, G.X., Elder, J.P., Campbell, N.R., **Arredondo, E.M.**, Baquero, B., Crespo, N., & Slymen, D.J. (2010). Longitudinal intervention effects of the *Aventuras para Niños* study. *American Journal of Preventive Medicine*, 38(2), 154-162.
26. Elder, J.P., **Arredondo, E.M.**, Campbell, N., Baquero, B., Duerksen, S., Ayala, G.X., Crespo, N., Slymen, D., & McKenzie, T. (2010). Individual, family, and community environmental correlates of obesity in Latino elementary school children. *Journal of School Health*, 80(1), 20-30.
25. Elder, J.P., Ayala, G.X., Slymen, D.J., **Arredondo, E.**, & Campbell, N.R. (2009). Evaluating psychosocial and behavioral mechanisms of change in a tailored communication intervention. *Health Education and Behavior*, 36(2), 366-380.
24. Villa-Caballero, L., **Arredondo, E.M.**, Campbell, N., & Elder, J.P. (2009). Family history of diabetes, parental body mass index predict obesity in Latino children. *The Diabetes Educator*, 35(6), 959-966.
23. Baquero, B., Ayala, G.X., **Arredondo, E.M.**, Campbell, N.R., Slymen, D.J., Gallo, L., & Elder, J.P. (2009). *Secretos de la Buena Vida*: Process of dietary change via a tailored nutrition communication intervention for Latinas. *Health Education Research*, 24(5), 855-866.
22. Larios, S.E., Ayala, G.X., **Arredondo, E.M.**, Baquero, B., & Elder, J.P. (2009). Development and validation of a scale to measure Latino parenting strategies related to children's obesigenic behaviors: The Parenting strategies for Eating and Activity Scale (PEAS). *Appetite*, 52(1), 166-172.
21. Martinez, S., **Arredondo, E.M.**, Perez, G., & Baquero, B. (2009). Individual, social and environmental barriers to and facilitators of physical activity among Latinas living in San Diego County: Focus group results. *Journal of Family and Community Health*, 32(1), 22-33.
20. **Arredondo, E.M.**, Castaneda, D., Elder, J., Slymen, D., & Dozier, D. (2009). Brand name logo recognition of fast food and healthy food among children. *Journal of Community Health*, 34(1), 73-78.
19. **Arredondo, E.M.**, Pollak, K.I., & Costanzo, P.R. (2008). Evaluating a stage model in predicting monolingual Spanish-Speaking Latinas' cervical cancer screening practices: The role of psychosocial and cultural predictors. *Health Education and Behavior*. 35(6), 791-805.
18. Martinez, S.M., Ayala, G.X., **Arredondo, E.M.**, Finch, B., & Elder, J.P. (2008). Active transportation and acculturation among Latino children in San Diego County. *Preventive Medicine*, 47(3), 313-318.

17. Lohman, T., Ring, K., Pfeiffer, K., Camhi, S., **Arredondo, E.M.**, Pratt, C., Pate, R., & Webber, L. (2008). Relationship among fitness, body composition, and physical activity. *Medicine & Science in Sports and Exercise*, 40(6), 1163-1170.
16. Ayala, G.X., Rogers, M., **Arredondo, E.M.**, Campbell, N., Baquero, B., Duerksen, S., & Elder, J.P. (2008). Away-from-home food intake and risk for obesity: Examining the influence of context. *Obesity Research*, 16(5), 1002-1008.
15. McKenzie, T., Baquero, B., Crespo, N., **Arredondo, E.M.**, Campbell, N., & Elder, J.P. (2008). Environmental correlates of physical activity in Mexican-American children at home. *Journal of Physical Activity and Health*, 5(4), 579-591.
14. Pichon, L.P., **Arredondo, E.M.**, Roesch, S., Sallis, J.F., Ayala, G.X. & Elder, J.P. (2007). The relation of acculturation to Latinas' perceived neighborhood safety and physical activity: A Structural Equation Analysis. *Annals of Behavioral Medicine*, 34(3), 295-303.
13. **Arredondo, E.M.** (2007). Predictors of obesity among children living in Mexico City. *Journal of the American Dietetic Association*, 107(1), 41-45.
12. Ayala, G.X., Baquero, B., **Arredondo, E.M.**, Campbell, N., Larios, S., & Elder, J.P. (2007). Association between family variables and Mexican American children's dietary behaviors. *Journal of Nutrition Education and Behavior*, 39(2), 62-69.
11. Duerksen, S.C., Elder, J.P., **Arredondo, E.M.**, Ayala, G.X., Slymen, D., Campbell, N., & Baquero, B. (2007). Family restaurant choices are associated with child and adult overweight status in Mexican-American families. *Journal of the American Dietetic Association*, 107(5), 849-853.
10. **Arredondo, E.M.**, Elder, J.P., Ayala, G.X., Slymen, D., & Campbell, N. (2006). Association of a traditional vs. shared meal decision-making and preparation style with eating behavior of Hispanic women in San Diego County. *Journal of American Dietetic Association*, 106(1), 38-45.
9. **Arredondo, E.M.**, Elder, J.P., Ayala, G.X., Campbell, N., Baquero, B., & Duerksen, S. (2006). Is parenting style related to children's healthy eating and physical activity in Latino families? *Health Education Research*, 21(6), 862-871.
8. Slymen, D., Ayala, G.X., **Arredondo, E.M.**, & Elder, J. (2006). A demonstration of modeling count data with an application to physical activity. *Epidemiologic Perspectives and Innovations*, 3(3), 1742-5573.
7. Elder, J.P., Ayala, J.P., Campbell, N.R., **Arredondo, E.M.**, Slymen, D., Baquero, B., Zive, M., Ganiats, T.G., & Engelberg, M. (2006). Long-term effects of a communication intervention for Spanish-dominant Latinas. *American Journal of Preventive Medicine*, 31(2), 159-166.

6. **Arredondo, E.M.**, Elder, J.P., Ayala, G. X., & Campbell, N. (2005). Is church attendance associated with Latinas' health practices and self-reported health? *American Journal of Health Behavior*, 29(6), 502-511.
5. **Arredondo, E.M.**, Pollak, K.I., Costanzo, P.R., McNeilly, M., & Myers, E. (2003). Primary care residents' characteristics and motives for providing differential medical treatment of cervical cancer screening. *Journal of the National Medical Association*, 95(7), 576-584.
4. Pollak, K., **Arredondo, E.M.**, Kimberly, S.H., Yarnall, K.S., Lipkus, I., Myers, E., McNeilly, M., & Costanzo, P. (2002). Influence of stereotyping in smoking cessation counseling by primary care residents. *Ethnicity and Disease*, 12(4), 578-585.
3. Pollak, K., **Arredondo, E.M.**, Yarnall, K.S., Lipkus, I., Myers, E., McNeilly, M., & Costanzo, P. (2001). How do residents prioritize smoking cessation for young "high-risk" women? Factors associated with addressing smoking cessation. *Preventive Medicine*, 33(4), 292-299.
2. Wilcher, R.A., Gilbert, L.K., Siano, C.S., & **Arredondo, E.M.** (1999-2000). From focus groups to workshops: Developing a culturally appropriate cervical cancer prevention intervention for rural Latinas. *International Quarterly of Community Health Education*, 19(2), 83-102.
1. Gonzales, V., Washienko, K.M., Krone, M.R., Chapman, L.I., **Arredondo, E.M.**, Hucklebe, H.J., & Downer, A. (1999). Sexual and drug-use risk factors for HIV and STDs: A comparison of women with and without bisexual experiences. *American Journal of Public Health*, 89(12), 1841-1846.

Book Chapters and Encyclopedia Entries

8. Ayala, G.X. & **Arredondo, E.M.** Nutritional resilience in Mexican immigrant/Mexican-American: How might food contribute to the Hispanic paradox?
7. **Arredondo, E.M.** Cultural Competence. Encyclopedia entry for the Society of Behavioral Medicine.
6. Escutia, G., Crespo, C., Salvo, D., & **Arredondo, E.M.** Physical activity prevalence in Mexico. Book chapter in the Instituto Nacional de Salud Publica.
5. Ayala, G.X., Ibarra, L., **Arredondo, E.**, Horton, L., Hernandez, E., Parada, H., Slymen, D., Rock, C., Engelberg, M., & Elder, J.P. (2012). Promoting healthy eating by strengthening family relations: Design and implementation of the *Entre Familia: Reflejos de Salud* intervention. In R. Elk & H. Landrine (Eds.), *Cancer Disparities: Causes and Evidence-Based Solutions*. Springer. Pp. 237-252
4. Espinoza, N., Ayala, G.X. & **Arredondo, E.M.** (2010). Interventions targeting childhood obesity involving parents. In O'Dea, J. & Erikson, M. (Eds). *Childhood Obesity Prevention - International Research, Controversies and Interventions*. Oxford University Press. Pp. 300-308.

3. Martinez, S.M., **Arredondo, E.**, Ayala, G.X., & Elder, J. (2008). Culturally appropriate research and interventions. In A.L. Smith & S.J.H. Biddle (Eds.), *Youth Physical Activity and Sedentary Behavior: Challenges and solutions*. Champaign, IL: Human Kinetics Publishers, Inc. pp. 453-477.
2. Duerksen, S. Campbell, N., **Arredondo, E.M.**, Ayala, G.X., Baquero, B., & Elder, J.P. (2007). Obesity prevention in the homes, schools and neighbourhoods of Mexican-American children. In Brettschneider, WD and Naul, R (Eds.): *Obesity in Europe*. Frankfurt A.M.: Peter Lang, 135-152.
1. **Arredondo, E.M.**, Elder, J.P., Baquero, B. & Marshall, S. (2007). Ecological momentary assessment of physical activity in latinas using pedometers and diaries. In Eds. Stone, Shifman, Atienza, & Nebeling. *The Science of Real-Time Data Capture: Self-Report in Health Research*, Oxford University Press, pp. 136-150.

Papers Under Review

Ramirez, E. & **Arredondo, E.M.** Promoting physical activity (revise and resubmit).
Book chapter.

Kolodziejczyk, J., Gutzmer, K., Wright, S.M., **Arredondo, E.M.**, Hill, L., Patrick, P., Huang, J., Gottschalk, M., Norman, G.J. (under review). Influence of individual and environmental variables on the relationship between body mass index and health-related quality of life in overweight and obese adolescents.

Wassertheil-Smoller S, **Arredondo, EM**, Aviles-Santa, ML, Cai, J, Choca, JP, Jung, M, LaVange, L, Lee-Rey, ET, Mosley, TH, Jr. Penedo, FJ, Santistaban, DA, Zee, PC. (under review). Depression, Anxiety and Acculturation in the Hispanic Community Health Study/Study of Latinos (HCHS/SOL)

Child S., McKenzie T.L., **Arredondo E.M.**, Elder J.P, Martinez S.M., Ayala G.X. Park Features Matter for Low-Active Communities: Associations between park areas, user demographics, and physical activity levels. *Journal of Park and Recreation Administration*. (under review).

Elder, J., **Arredondo, E.M.**, Holub, C.K., Sanchez-Romero, L.M., Moreno Sanchez, J.E., Barquera, S., & Rivera Dommarco, J.K.. (under review). Promotion of Water Consumption In Elementary School Children in San Diego USA and Tlaltizapan, Mexico Water project.

Papers/chapters In Preparation

Arredondo, E.M. et al., Design of Fe en Accion

Arredondo, E.M., Mejia, E., Martinez, S., Elder, J., & Campbell, N. (in preparation). *Caminando con Fe* (Walking with Faith): A church-based Multi-Level intervention promoting physical activity in Latinas.

Arredondo, E.M., et al., Distribution of self-report and objectively-measured physical activity in US Latino adults/Proportion meeting physical activity recommendations.

Arredondo, E.M. et al., Family-based interventions to prevent obesity in the U.S. and Latin America: Culturally sensitive approaches aimed at Latinos families

Penedo, F., Brintz, C., LLabre, M., Isasi, C.R., Arguelles, W., **Arredondo, E.M.**, Navas-Nacher, E., Perreira, K., Gonzalez, H., Rodriguez, C.J., Daviglius, M., Schneiderman, N., Gallo, L., Familism, Family Environment and the Metabolic Syndrome: Results from the Hispanic Community Health Study/Study of Latinos (HCHS/SOL) Sociocultural Ancillary Study (SCAS)

Holub CK, Eisenberg CM, **Arredondo E**, Schmid T, Barquera S, & Elder JP. Culturally tailored approaches to increasing PA and healthy eating among Latinos.

Hoos, T., Sasidharan, V., & **Arredondo, E.M.** The Association between Environmental Improvements and Intended Park Use among Latinas.

Arredondo, E.M. et al., The association between family communication and the health practices of Latino families.

Molina, M.A., **Arredondo, E.M.**, Elder, J.P., Garcini, L., Ayala, G.X., Understanding the influence of U.S. culture on health behaviors related to obesity and chronic disease..

Gellman, et al., Depression and physical activity.

Arredondo, E.M., & Madlensky, L. (in preparation). Colon cancer screening among Latinos: Qualitative research findings.

PROFESSIONAL PRESENTATIONS

57. Perez, LG, **Arredondo, EM**, McKenzie, TL, Holguin, M, Elder, JP, Ayala, GX. (2014). Do Latinos who have high neighborhood cohesion and practice sufficient physical activity or use public open spaces for physical activity report fewer depressive symptoms? Poster presentation at the Annual Meeting of the International Society of Behavioral Nutrition and Physical Activity, San Diego, CA
56. Schmied, E.A., Horton, L., Parada, H., **Arredondo, E.**, Elder, J., Ayala, G.X. (2014). Factors predicting intervention fidelity of a family-based dietary intervention. Poster presentation at the Annual Meeting of the International Society for Behavioral Nutrition and Physical Activity, San Diego, CA.
55. Soto, S.C., **Arredondo, E.**, Horton, L., Strong, D., Ayala, G. (2014, May). Factor Analysis of a modified Parenting Strategies for Eating and Physical Activity Questionnaire in Latino Children. Short oral presentation at the International Society for Behavioral Nutrition and Physical Activity's Annual Meeting, San Diego, CA.
54. Soto, S.C., **Arredondo, E.**, Horton, L., Strong, D., Ayala, G. (2014, Mar). Factor Analysis of a modified Parenting Strategies for Eating and Physical Activity Questionnaire in Latino Children. Poster presentation at the SDSU 2013 Student Research Symposium, San Diego, CA., San Diego, CA.

53. Booen-Mejia, E., Marshall, S., Medina, E., Duesterhaus, M., Ayala, G. X., Elder, J., **Arredondo, E.M.**, & McKenzie, T. L., (2012, May 25). From Academia Da Cidade Program (ACP) to Academia Fit: Adaptation of a community program from Brazil to increase physical activity among Latinos in the United States. Oral presentation at the International Society of Behavior Nutrition and Physical Activity, Austin, TX.
52. Booen-Mejia, E., Marshall, S.J., Medina, E., Duesterhaus, M., Parada, H., Ayala, G.A., Elder, J.P., **Arredondo, E.M.**, McKenzie, T.L., & Ji, M. (2012). Adaptation of the Academia da Cidade program (ACP) for implementation in the United States: Academia Fit. *Med Sci Sports Exerc.*, 44(5 Suppl) S392. Poster presented at the *Annual meeting of the American College of Sports Medicine*, San Francisco, CA, June.
51. Booen-Mejia, E., Medina, E., Duesterhaus, M., Parada, H., Ayala, G. X., Elder, J., **Arredondo, E.M.**, McKenzie, T. L., & Ji, M. (2012, May 31). Transadaptation of the Academia Da Cidade Program (ACP) for use in the United States: Poster presented at the *Annual meeting of the American College of Sports Medicine*, San Francisco, CA, June.
50. Marshall, S.J., Booen-Mejia, E., Medina, E., Duesterhaus, M., Parada, H., Ayala, G.A., Elder, J.P., **Arredondo, E.M.**, McKenzie, T.L., & Ji, M. (2012, May 23-26). From Academia da Cidade to Academia Fit: adaptation of a community program from Brazil to increase physical activity among Latinos in the United States. Oral presentation at the 11th annual meeting of the International Society of Behavioral Nutrition and Physical Activity (ISBNPA), Austin, Texas, May 23-26, 2012.
49. **Arredondo, E.A.**, Horton, L., Parada, H., Ibarra, L., & Ayala, G.X. (May, 2012). Vulnerable families: Family environment and eating practices of family members. Poster presented at the *International Society for behavioral nutrition and physical activity*, Houston, TX.
47. Mejia, E., Marshall, S.J., Medina, E., Duesterhaus, M., Parada, H., Ayala, G.X., Elder, J., **Arredondo, E.M.**, McKenzie, M. (FACSM), and Ming Ji. (May, 2012). Transadaptation of the academia da cidade program (ACP) for use in the United States: Academia Fit. Poster presented at the *American College of Sports Medicine*, San Francisco, CA.
47. Kolodziejczyk, J. Barrera, A., Patrick, K.; Dillon, L., Marshall, S., **Arredondo, E.**, Rock, C., Raab, F., Griswold, W., Sullivan, M., and Norman, N. (Nov., 2011). Design of a Tailored Text-message Intervention for Weight Loss. Poster presented at the *American Heart Association*, Orlando, FL.
46. Child, S., **Arredondo, E.M.**, McKenzie, T., Martinez, S.M., Elder, J.P., Ayala, G.X. (2011, November). Understanding the relationship between park characteristics and physical activity level. Oral presentation at the *American Public Health Association conference*, Washington D.C.
45. **Arredondo, E.**, Morello, M., Ayala, G.X., Espinoza, N., & Holub, C. (April, 2011). Feasibility and preliminary findings of a faith based study targeting correlates of

- physical activity among young Latinas. Poster presented at the *Society for Behavioral Medicine*, Washington, DC.
44. Miller, H., Stoddard, J.A., Hickman, S., **Arredondo, E.**, Schraufnagel, K.E. (May, 2011). Mexican American Attitudes Towards Mindfulness-Based Stress Reduction: Acceptability, Accessibility, and Cultural Compatibility. California Psychological Association Graduate Students Conference.
 43. Horton, L.A., Parada, H., **Arredondo, E.**, Ayala, G.X. (April 2011). Effects of maternal parenting styles on child BMI in a Latino population, Imperial County California. Poster presented at the *Society of Behavioral Medicine conference*, Washington DC
 42. Molina, M., **Arredondo, E.**, Elder, J., Garcini, L., Ayala, G.X. (April, 2011) Understanding the influence of acculturation into the U.S. on health behaviors related to obesity. Poster presentation for the *Society of Behavioral Medicine*, Washington D.C.
 41. Elder JP, Holub CK, **Arredondo EM**, Barquera S, Sanchez LM, Rivera J, Lobelo. (October 2011). Obesity Interventions among U.S. Latinos and Latin Americans: A Systematic Literature Review. *Obesity Conference*, Orlando, FL.
 40. Wassertheil-Smoller S, **Arredondo E**, Avilés-Santa L, Choca J, LaVange L, Lee-Rey E, Mosley T, Penedo F, Santisteban D, Talavera G, Zee P. (March, 2011). Depression and Anxiety in Hispanic/Latino Subgroups in the United States and in Relation to Acculturation: Results from the Hispanic Community Health Study / Study of Latinos (HCHS/SOL). American Heart Association-Cardiovascular meeting.
 39. Ayala, G.X. & **Arredondo, E.M.** (March, 2011). Nutrition resilience among Mexican/Mexican American families: Implications for Intervention research. Invited paper for Normative contexts and processes in the lives of Mexican American children and families. Chairs: Caldera, Y., Trejos-Castillo, E.
 38. Espinoza, N., Hoos, T., **Arredondo, E.M.**, Marshall, S., & Elder, J. (April, 2010). *Validity of the global physical activity questionnaire (GPAQ) in adult Latinas*. Oral presentation at the *Society of Behavioral Medicine*, Seattle, WA. Received a Student Meritorious Award, Seattle, WA.
 37. Cavallera, L; Lemus, H.; Malcarne, V L; **Arredondo, E.M.**, & Riley, N; Robins Sadler, Georgia (April, 2010). *Family history of breast cancer and cancer worry as predictors of mammogram screening in Hispanic American women*. Poster presented at the *Society of Behavioral Medicine*, Seattle, WA.
 36. **Arredondo, E.M.**, Mejia, E., Pastrana, E., Martinez, S., Campbell, N., & Elder, J. (May, 2009). *Promoting physical activity among churchgoing Latinas*. *Symposium (Results from faith based physical activity interventions: Hot air or hot stuff?* Presented at the *American College and Sports Medicine*, Seattle, WA. Symposium chair: Whitt-Glover, M. Participants: Bopp, M., Constantine, N., Wilcox, S., Arredondo, E., Whitt-Glover, M., Discussant: Whitt-Glover, M.
 35. **Arredondo, E.M.**, Mueller, K., Mejia, E., Rovira-Osterwalder, T., Pastrana, E., Elder, J., Campbell, N., Ryan, S., Baquero, B. (February, 2010). *Caminando con Fe (Walking with Faith): Promotoras advocating for built environmental changes to promote*

- physical activity among churchgoing Latinas*. Oral presentation at *Active Living Research*, San Diego, CA.
34. Martinez, S., Mejia, E., Pastrana, E., & **Arredondo, E.M.** (March, 2008). *Social cognitive correlates of leisure-time physical activity among Latinas in San Diego County*. Poster presented at the *Society of Behavioral Medicine*, San Diego, CA.
 33. Crespo, N., Vercammen, C., Ayala, G.X., Slymen, D., **Arredondo, E.M.**, & Elder, J. (November, 2008). *Pre-term birth and higher acculturation status are associated with asthma in 4-8yr old Latino children living in San Diego California*. Poster presented at the *Society of Behavioral Medicine*, San Diego, CA.
 32. **Arredondo, E.M.**, Mejia, E., Pastrana, E., Martinez, S., Elder, J., & Campbell, N. (November, 2008). *Caminando con Fe (Walking with Faith): A church-based multi-level intervention promoting physical activity in Latinas*. Presented at the *American Public Health Association*, San Diego, CA.
 31. Nguyen, T., **Arredondo, E.M.**, Ayala, G.X., Mejia, E., & Pastrana, E. (November, 2008). *Religiosity, self-efficacy, acculturation, and social support correlate higher physical activity among church going Latinas*. Poster presented at the *American Public Health Association*, San Diego, CA.
 30. Daniel, J., Baquero, B., Crespo, N., **Arredondo, E.M.**, Elder, J., & Bothwell, K. (April, 2008). *A nutritional assessments of indigenous families in Baja California, Mexico*. Oral presentation at the *American Public Health Association*, San Diego, CA.
 29. **Arredondo, E.M.**, Baquero, B., McKenzie, T., Ayala, G.X., Campbell, N., & Elder, J.P. (March, 2007). *Latino children's physical activity: Social and environmental influences. Symposium (Multilevel approaches to understanding physical activity among racial/ethnic minority populations)*. Presented at the *Society of Behavioral Medicine*, Washington, DC. Symposium chair: Bennett, G. Participants: Arredondo, E.M., Marquez, D.X., & McNeill, L. Discussant: Bennett, G.
 28. Rogers, M.K., Ayala, G.X., Baquero, B., Barajas, D., Duerkson, S., **Arredondo, E.M.**, Campbell, N., & Elder, J.P. (November, 2006). *Correlates of away-from-home eating behavior and restaurant selection among Latino families with elementary-age children in south San Diego County*. Poster presented at the *American Public Health Association*, Boston, MA.
 27. **Arredondo, E.M.**, Elder, J.P., Baquero, B., Campbell, N., & Perez, G. (November, 2006). *Promoting physical activity among church going Latinas. Symposium (Faith-based nutrition and physical activity interventions: From design to dissemination)*. Presented at the *American Public Health Association*, Boston, MA. Symposium chair: Marci Campbell, Ph.D., MPH. Participants: Richard Winett, Ph.D., Marci Campbell, Ph.D. MPH., Lenora Johnson, MPH, CHES.
 26. **Arredondo, E.M.** (April, 2006). *Obesity prevention in low SES communities*. Paper presented at the *NIH Centers for Population Health and Health Disparities annual conference*, Santa Monica, CA.
 25. McKenzie, T., Hardung, M., Baquero, B., **Arredondo, E.M.**, & Elder, J. (May, 2006). *Leisure-time physical activity in elementary schools: Analysis of environmental conditions*. Poster presented at the *American College of Sports Medicine*, Denver, CO.

24. McKenzie, T., Elder, J.P., Baquero, B., & **Arredondo, E.M.** (April, 2006). *Observation of physical activity and contexts at home and school: Aventuras para Niños*. Poster presented at the *International Physical Activity Conference*, Atlanta, GA.
23. Ramirez, M., Coleman, K.J., Baquero, B., **Arredondo, E.M.**, Medina, E., Campbell, N., & Elder, J. (April, 2006). *Correlates of physical activity among young Latino children*. Poster presented at the *International Physical Activity Conference*. Atlanta, GA
22. Carbajal, S., Baquero, B., **Arredondo, E.M.**, Ayala, G.X., & Campbell, N. (March, 2006). *The relationship between infant feeding practices and body mass index among a cohort of Latino children in South San Diego*. Poster presented at the *Society of Behavioral Medicine*, San Francisco, CA
21. **Arredondo, E.M.**, Ayala, G.X., Elder, J.P., Campbell, N., & Baquero, B. (March, 2006). *Promoting healthy eating and physical activity in the home: Does parenting style really matter*. Poster presented at the *Society of Behavioral Medicine*, San Francisco, CA.
20. McKenzie, T. L., Schlenker, L., Baquero, B., **Arredondo, E. M.**, Elder, J. P., & Campbell, N. (February, 2006). *Environmental correlates of physical activity in Mexican-American children at home*. Poster presented at the *Active Living Research Conference*, San Diego, CA
19. Baquero, B., **Arredondo, E.M.**, Brandstein, K., Campbell N., Duerksen, S., Ayala, G.X., & Elder, J.P. (March, 2005). *Aventuras para Niños: A promotora home-based intervention that addresses parents' behavioral strategies to healthy eating*. Poster presentation at the *Society of Behavioral Medicine*, San Francisco, CA.
18. **Arredondo, E.M.**, Elder, J.P., Ayala, G.X., Campbell, N.R., & Baquero, B. (November, 2004). *Latinas' Dietary Behaviors: The Role of Acculturative Stress and Other Psychosocial Predictors*. Poster presented at the *American Public Health Association*, Washington, D.C.
17. Duerksen, S.C., **Arredondo, E.M.**, Campbell, N.R., Baquero, B. Ayala, G.X. & Elder, J.P. (November, 2004). *Fast food, family dining patterns and childhood obesity*. Poster presented at the *American Public Health Association*, Washington, DC.
16. Duerksen, S.C., Baquero, B., Campbell, N.R., Elder, J.P., **Arredondo, E.M.**, McKenzie, T., & Ayala, G.X. (November, 2004). Invited presentation. *Aventuras para niños: Childhood obesity prevention in Latino home and community environments*. Oral presentation at the *American Public Health Association*, Washington, DC.
15. Larios, S.E., Ayala, G.X., Baquero, B., **Arredondo, E.M.**, & Elder, J.P. (November, 2004). *Development of survey that measures home environmental factors contributing to obesity*. Poster presented at the *American Public Health Association*, Washington, DC.
14. Baquero, BA, Ayala, G.X., **Arredondo, E.M.**, Mueller, K., Elder, J.P., & Campbell, N. (November, 2004). *An innovative health communication nutrition intervention for Latinas: Process evaluation findings*. Poster presented at the *American Public Health Association*, Washington, D.C.

13. Ayala, G.X., Baquero, B., **Arredondo, E.M.** & Elder, J.P. (March, 2004). *Cultural and familial influences on the dietary behaviors of Latino children*. Paper presented at the *Society of Behavioral Medicine*, Baltimore, MD.
12. **Arredondo, E.M.**, Elder, J., Baquero, B. Ayala, G.X., & Campbell, N. (March, 2004). *The influence of church involvement and acculturation on Latinas' participation in physical activity*. Paper presented at the *Society of Behavioral Medicine*, Baltimore, MD.
11. **Arredondo, E.M.**, Elder, J., Ayala, G.X., Baquero, B., & Campbell, N. (March, 2004). *The influence of egalitarian versus autonomous meal decision-making and preparation on Latinas' dietary practices*. Paper presented at the *Society of Behavioral Medicine*, Baltimore, MD.
10. **Arredondo, E.M.**, Elder, G.X., Ayala, G.X., Baquero, B., & Campbell, N. (November, 2003). *Comparing the dietary practices of Latinas from egalitarian versus autonomous families*. Poster presented at *Overcoming Diabetes Health Disparities*, Nashville, TN.
9. **Arredondo, E.M.**, Costanzo, P., & Pollak, K.I. (March, 2003). *Evaluating a stage model in the prediction of Latinas' cervical cancer screening practices: The role of psychosocial and cultural predictors*. Presented at the *Society of Behavioral Medicine*, Salt Lake City, UT. Symposium chair: Elva M. Arredondo. Participants: Felipe Gonzalez Castro, M.S.W., Ph.D. and Vera Lopez, Ph.D. Discussant: Lisa Sanchez-Johnsen, Ph.D.
8. **Arredondo, E.M.**, Gilbert, L.K., Randall-David, E., Wilcher, R.A., & Chapman, S.M. (February, 2001). *Likert-type and open ended surveys: Lessons learned in assessing health beliefs of low-income ethnic minority women*. Poster presented at *APA's conference on enhancing outcomes in women's health*, Washington, DC.
7. **Arredondo, E.M.**, Randall-David, B., Smolker, E., Hooper, I., & Shapiro, L. (October, 2001). *Cervical cancer-related knowledge among low income urban African American women: A community-based empowerment intervention*. Poster presented at the *American Public Health Association*, Atlanta, GA.
6. Gilbert, L.K., Randall-David, B., **Arredondo, E.M.**, Chapman, S., Hooper, I., Shapiro, L., & Wilcher, R. (September, 2001). *Innovative evaluation strategies: Measuring intervention effectiveness*. Oral presentation by L. Gilbert at *Cancer Conference*. Atlanta, GA.
5. Pollak, K.I., **Arredondo, E.M.**, Yarnall, K.S.H., Lipkus, I., Myers, E., McNeilly, M., & Costanzo, P. (April, 2001). *Factors associated with residents reporting addressing smoking with "high risk" women*. Poster presented by K.Pollak at the *Society for Research on Nicotine and Tobacco*, Seattle, WA
4. **Arredondo, E.M.**, Pollak, K.I., Costanzo, P.R., Yarnall, K.S.H., Lipkus, I., Myers, E., & McNeilly, M. (March, 2001). *Primary care residents' characteristics and motives for providing different medical treatment of cervical cancer screening*. Poster presented at *The Association for Women in Psychology Conference*, Los Angeles, CA
3. **Arredondo, E.M.**, Pollak, K.I., Costanzo, P.R., Yarnall, K.S.H., Lipkus, I., Myers, E., & McNeilly, M. (March, 2001). *The influence of patients' ethnicity on cervical cancer screening referral*. Poster presented at the *Society for Behavioral Medicine*. Seattle, WA.

2. Pollak, K.I., **Arredondo, E.M.**, Yarnall, K.S.H., Lipkus, I., Myers, E., McNeilly, M., & Costanzo, P. (July, 2001). *Test of racial bias in residents' smoking cessation counseling*. Poster presented by K. Pollak at the *American Society for Preventive Oncology*. Boston, MA.
1. Gilbert, L., Randall-David, E., Wilcher, R., **Arredondo, E.M.**, & Chapman, S. (November, 2000). *Data collection among low-income minority populations: Lessons learned from an evaluation of a community-based intervention*. Poster presented at the *American Public Health Association*, Boston, MA.

Invited Workshops/Webinars

Arredondo, E.M. Community based participatory continuum. Presentation sponsored by the Division of Special Populations panel during *the Hispanic Association of Colleges and Universities (HACU) Annual Conference*, September, 2010

Arredondo, E.M. Language translation and cultural adaptation of self-report instruments for cross-cultural comparisons. Workshop sponsored by *Measurement of Active and Sedentary Behaviors: Closing the Gaps in Self-Report Method*, July, 2010.

Arredondo, E.M. & Ayala, G. Community-Based Participatory Research. Workshop sponsored by the *Annual Conference of Active Living Research*, February, 2010.

Arredondo, E.M., Pastrana, E., & Mejia, E., Community Based Participatory Research. *Society of Behavioral Medicine*, April, 2009

Invited Presentations

13. **Arredondo, E.M.** (March, 2014). Implementing a physical activity intervention for adult Latinas. Symposium: The Challenges of Study Design, Implementation and Data Collection for Physical Activity in Urban Latino Neighborhoods in the United States, Colombia, Mexico, and Brazil. Symposium chair: Bess Marcus. *Active Living Research Annual Conference*, March 2014.
12. **Arredondo, E.M.** (April, 2013). An overview of the nutrition transition in Mexico and its consequences. San Diego State University's International Forum, San Diego, CA
11. **Arredondo, E.M.** (April, 2013). Developing chronic disease programs for adult Latinas. Biobehavioral Cancer Prevention and Control Training Program Symposium, Seattle, WA.
10. **Arredondo, E.M.** (January, 2012). Promotoras for better health. Child Development and Community Health in Department of Pediatrics at the University of California, San Diego.
9. **Arredondo, E.M.** (July, 2010). Promoting physical activity in young Latinas: A family and environmental approach. Meeting sponsored by NHLBI's Future intervention research directions to prevent cardiovascular disease and its risk factors among Latinos. Baltimore, MD.
8. Ayala, G.X., **Arredondo, E.M.**, & Madanat, H. (May, 2010). Engaging communities in health promotion: A continuum of participatory methods. USPHS, Scientific and Training Symposium, San Diego, CA.

7. Ayala, G.X., & **Arredondo, E.M.** (April, 2010). Nutritional resilience in Mexican immigrant/Mexican American: What does comida have to do with it? Presented at In Understanding Mexican-American families and children: Multidisciplinary perspectives conference, Texas Tech University, Lubbock, TX.
6. **Arredondo, E.M.** Professional Development: Issues for Interdisciplinary Researchers (February, 2010). Active Living Research grantee meeting, San Diego, CA.
5. **Arredondo, E.M.** (November, 2009). Caminando con Fe (Walking with Faith): A church-based Multi-Level Intervention Promoting Physical Activity in Latinas. Moore Cancer Center Scientific Faculty Retreat, San Diego, CA.
4. **Arredondo, E.M.**, Elder, J.P., Campbell, N., & Baquero, B. (June, 2006). Promoting healthy eating and physical activity in the home: Do parenting styles and home environment influence children's health practices? Centers for Population Health and Health Disparities Third Annual Grantee Meeting, Los Angeles, CA.
3. **Arredondo, E.M.**, Elder, J.P., Campbell, N., & Baquero, B. (February, 2005). Aventuras para niños: Childhood obesity prevention in Latino home and community environments. Child and Adolescent Service Center, San Diego, CA.
2. **Arredondo, E.M.** (May, 2006). Targeting health disparities: Lessons learned in my professional path. Continuing Umbrella of Research Experiences Professional Workshop, Bethesda, MD.
1. Duerksen, S., Baquero, B., Campbell, N.R., Elder, J.P., **Arredondo, E.M.**, McKenzie, T., & Ayala, G.X. (November, 2004). Aventuras para niños: Childhood obesity prevention in Latino home and community environments. Paper presented at the American Public Health Association conference, Washington, DC.

PROFESSIONAL AFFILIATIONS

| | |
|------------------------------------|--------------|
| Society of Behavioral Medicine | 1/01-present |
| American Public Health Association | 8/98-present |

PROFESSIONAL DEVELOPMENT

| | |
|--|-------|
| Physical Activity and Public Health course | 9/06 |
| <i>Director: Russell Pate, Ph.D.</i> | |
| Latent Growth Curve Modeling | 7/04 |
| <i>Instructors: P. Curran Ph.D. and K. Bollen, Ph.D.</i> | |
| Professional Development and Peer Review Workshop | 3/04 |
| <i>National Cancer Institute</i> | |
| Structural Equation Modeling | |
| 8/00-12/00 | |
| <i>Instructor: A. Panter, Ph.D.</i> | |
| Applied Psychometrics for Health Outcomes Research | 10/00 |
| <i>Instructors: R. Lennox, Ph.D., K. Bollen, Ph.D., A. Panter, Ph.D., and R. Hoyle, Ph.D.</i> | |
| Rorschach Workshop (Exner System) | |
| 9/00 | |
| <i>Instructors: R. Mankoff, Ph.D., J. Curry, Ph.D., D. FitzGerald, Ph.D., and G. Calloway, Ph.D.</i> | |

Factor Analysis

9/99-12/99

Instructor: A. Panter, Ph.D.

Qualitative Interviewing and Data Analyses

3/99

Instructor: B. Randall-David, Ph.D.

TEACHING EXPERIENCE

Instituto Nacional de Salud Pública

Course instructor

Summer Institute, 2010

Theoretical foundations of public health

Summer Institute, 2012

Community interventions for the promotion of physical activity in the Americas

San Diego State University-School of Public Health

Courses-Instructor

PH 700, Fall 2009

Migrant Health Issues

PH 664/866, Spring 2006, 2007, 2008, 2009, 2010

Health, Society and Human Behavior

PH 661, Fall 2008, 2009

Theoretical Foundations of Health Promotion

PH 662, Spring 2011.

Motivating Behavior Change

PH 862, Fall 2011, 2012

Advanced Theoretical Foundations of Health Promotion & Behavioral Science

Duke University-Psychology Department

Courses-Instructor

PSY 117 Summers, 2000 & 2001

Statistical Inference in Psychological Research

Courses-Teaching Assistant

PSY 99 Fall 2001, Fall 2000, Fall 1999

Personality and Social Psychology. Instructor: T. Lynch, Ph.D.

PSY 11 Spring 2000

Introduction to Psychology. Instructor: P. Holland, Ph.D.

Psychology Department -- University of Washington

Courses-Teaching Assistant

PSY 217, Winter 1995

Statistical Inference in Psychological Research. Instructor: G. Loftus, Ph.D.

PSY 218, Spring 1995

Introduction to probability and statistics for psychology. Instructor: G. Loftus, Ph.D.

Guest Lectures

PSY 846 (SDSU) Behavioral Medicine Seminar (Danof-Burg)

Title: Intervention development. Spring 2012, 2013

PH 861 (SDSU). Behavioral Measurement (Elder)

Title: Cognitive Interviewing and measurement issues in ethnic minorities. Spring, 2010.

PH 697 (SDSU) Research Methods (Madanat)

Title: Experimental studies. Spring, 2009.

HHS 350 (SDSU) Applied international health & human services (Morris)

Title: An overview of the nutrition transition in Mexico and its health implications. Spring, 2010.

PH 800 (SDSU). Professional seminar (Madanat)

Title: Academic careers. Fall, 2009.

PH 800 (SDSU). Professional seminar (Usita)

Title: Academic careers. Spring, 2009.

Psych 124 (UCSD), Clinical Psychology (Anderson)

Title: Latino children's risk for overweight: Social and environmental influences. Spring 07.

Psych 842 (SDSU), Behavioral Medicine Proseminar: Assessment Issues (Gallo)

Title: Measurement Issues in Hispanic Americans. Spring 07.

PH 661 (SDSU), Theory Foundations (Mayer and Martinez-Donate)

Title: Evaluating a stage model in the prediction of Latinas' cervical cancer screening practices: the role of psychosocial and cultural predictors. Spring 06 and Spring 05.

Psych 100 (Loma Linda University)-Clinical Psychology seminar (Legendre)

Title: Promoting healthy eating and physical activity in the home: Do parenting styles and home environment influence children's health practices? Spring 06.

Bio 246, Colloquium in Biomedical Sciences (Ulloa)

Title: Multi-level approaches to addressing obesity and cancer in Latino Communities: tips for pursuing a career in health psychology. Spring 05.

Masters' Thesis Committees- Chair

1. Ashley Withers, April 2009.
2. Tracy Hoos, September 2009.
3. Lona Cavallera, May 2010.
4. Alicia Voorhees, May 2010.
5. Stephanie Escobar, May, 2011.
6. Shana Wright, April 2012.
7. Sarah Hardin, July 2012.
8. Rachel Mintle, Dec 2012.
9. Megan Beard, April 2013.
10. Jaclyn Goldberg, May 2013.
11. Lanny Mommsen, May 2013
12. Hope Velarde, September 2013
13. Liz Gaynor (anticipated Summer 2013)
14. Ashley Vandezande (anticipated Fall 2013)
15. Christina Lares (anticipated Fall 2013)

16. Natalie Svistoonoff

Masters' Thesis Committees- Second or Third Member

1. Barbara Baquero, May 2005
2. Sharina Carbajal, May 2006
3. Trang Nguyen, June 2008
4. Abegail Andaya, May 2008
5. Shelby Robinson, December 2008
6. Serena Boyd, May 2009
7. Nicole Pizzi, May 2009
8. Kelley Thompson, May 2010
9. Jamie Schroer, May 2010
10. Alana Horais, October 2010
11. Stephanie Child, October 2010
12. Monica Ward, November, 2011
13. Susan Mojica, May, 2012
14. Jessica Haughton, May 2012
15. Patti Taylor-Wansley (psych), June 2013
16. Becky Marquez, March, 2013
17. Kadie Harry, July, 2012)
18. Alejandra Perez (Psychology, anticipated Fall 2013).
19. Rachel Drobot, October 2013

Doctoral Thesis Committee-Chair

1. Lilian Perez, June 2016
2. Sandra Soto, June 2016

Doctoral Students-Committee member

1. Susanna Martinez, May 2009
2. Juliann Pierson, June 2010
3. Sara Linke, Psychology, April 2011
4. Meghan Morris, May 2011.
5. Hannah Miller, May 2012.
6. Jordan Carlson, November 2012
7. Sally Dominic, May 2013
8. Ernesto Ramirez (anticipated Spring 2014)
9. Catherine Marinac (anticipated May 2014)
10. Jennie Kempster (anticipated May 2014)
11. Jill Gagnon (anticipated May 2014)
12. Julie Kolodziejczyk (anticipated May 2014)
13. Jennifer Sanchez (anticipated May 2015)

Doctoral Students-Practicum

1. Latrice Pichon, May 2008.
2. Jessica Jimenez, December 2008.

Postdoctoral Students

1. Leonel Villa-Caballero, MD (5/07-6/08)
2. Christina Holub, Ph.D. (11/08-11/12)

Elva M. Arredondo, PhD.

Junior Faculty

1. Leonor Corsino, MD (9/12-present)
2. Barbara Baquero, Ph.D. (1/13-present)

SELECTED RESEARCH EXPERIENCE

Graduate School of Public Health -- San Diego State University 8/03-8/05
Postdoctoral Fellow
Principal Investigator: J.P. Elder, Ph.D.

Department of Psychology -- Duke University 6/01-5/03
Dissertation Research: Evaluating a stage model in the prediction of Latinas' Cervical cancer screening practices: The role of psychosocial and cultural predictors.
Dissertation Advisor: P. Costanzo, Ph.D.

Duke Comprehensive Cancer Center -- Duke University 9/99-9/00
Research Assistant
Principal Investigator: K.I. Pollak, Ph.D.

American Social Health Association -- Research Triangle Park 1/98-7/02
Graduate Student Intern
Principal Investigator: L. Gilbert, Ph.D.

Center for Health Education and Research -- University of Washington 10/95-7/97
Project Interviewer
Principal Investigator: V. Gonzales, MSW, MPH, Ed.D.

Harborview Medical Center -- University of Washington 5/92-6/96
Psychological Research Assistant
Principal Investigator: R. Maiuro, Ph.D.

Fred Hutchinson Cancer Research Center -- University of Washington 10/95-4/96
Field Coordinator
Principal Investigator: D. Bowen, Ph.D.

School of Public Health -- University of Washington 6/95-9/95
International Research Fellow
Research Advisor: J. Suarez, Ph.D.

Department of Psychology -- University of Washington 9/93-6/95
Research Assistant
Principal Investigator: A.M. Cauce, Ph.D.